

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> Store Closed for Easter Sunday	<b>2</b>	<b>3</b> <b>Nutrition Counseling Available Most Days</b> Please Call for an appointment (609) 953-7700 ext. 7	<b>4</b> <b>Kids Can Cook</b> Time: 4:00pm Location: Pinelands Library	<b>5</b>	<b>6</b> <b>What's For Dinner?</b> Time: 11:00am - 1:00pm Location: Meat Dept.	<b>7</b>
<b>8</b>	<b>9</b> <b>Adult Culinary Workshop</b> Time: 6:30pm - 8:30pm Location: Café	<b>10</b> <b>YCP Nutrition Lesson</b> Time: 12:30pm Location: Neeta School <b>Weight Loss Support Group</b> Time: 6:00pm Location: Conference Room	<b>11</b> <b>Nutrition Presentation</b> Time: 9:00am - 10:00am Location: Ashbrook Elem. School	<b>12</b> <b>YCP Store Visit: Lawnside</b> Time: 9:00am - 12:00pm Location: ShopRite of Lawnside	<b>13</b>	<b>14</b>
<b>15</b> <b>Girl Scouts Strong Girls, Healthy Living Conference</b> Time: 10:00am - 2:00pm Location: Seneca High School	<b>16</b> <b>Kids Culinary Workshop</b> Time: 3:30pm - 5:30pm Location: Cafe	<b>17</b> <b>Snack Attack</b> Time: 4:00pm Location: Pinelands Library	<b>18</b> <b>Girl Scouts Store Visit</b> Time: 6:00pm Location: Cafe	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b> <b>Kids Culinary Workshop</b> Time: 3:30pm - 5:30pm Location: Cafe	<b>24</b>	<b>25</b> <b>YCP Store Visit: Neeta School</b> Time: 9:00am - 12:00pm Location: ShopRite of Medford	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>					



**Beth Ann Peterson, RD**  
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**FREE NUTRITION SERVICES**

- Nutrition Counseling
- Community Events
- Store Tours
- Health Screenings
- Kids' Nutrition Education Programs



EVENT DETAILS

<p><b>Wednesday, April 4, 2018</b>  <b>Kids Can Cook</b>                  Hey Kids! Join the dietitians to learn about healthy eating. We'll also make a nutritious meal! Sign up required online at: <a href="http://www.bcls.lib.nj.us">www.bcls.lib.nj.us</a>                   Time: 4:00pm                  Location: Pinelands Library</p>	<p><b>Wednesday, April 11, 2018</b>  <b>Nutrition Presentation</b>                  The 2nd and 3rd graders of Ashbrook Elementary School with learn how to "fuel better!"                   Time: 9:00am                  Location: Ashbrook Elementary School</p>	<p><b>Tuesday, April 17, 2018</b>  <b>Snack Attack</b>                  Hey Kids! Join the dietitians to learn about healthy eating. We'll also make a nutritious snack! Sign up required online at: <a href="http://www.bcls.lib.nj.us">www.bcls.lib.nj.us</a>                   Time: 4:00pm                  Location: Pinelands Library</p>
<p><b>Friday, April 6, 2018</b>  <b>What's For Dinner?</b>                  Stop by for a sample and take a recipe you can use for tonight's dinner.                   Time: 11:00am - 1:00pm                  Location: Meat Dept.</p>	<p><b>Thursday, April 12, 2018</b>  <b>Young Consumer Program: Store Field Trip</b>                  Lawnside Elementary School's 4th graders will be taking a field trip to the store to practice shopping for healthy foods for a family of four!                   Time: 9:00am - 12:00pm                  Location: ShopRite of Lawnside</p>	<p><b>Wednesday, April 18, 2018</b>  <b>Girl Scout Store visit</b>                  The Girl Scout Troop of Tabernacle learn about "Healthy Eating" to earn their badge.                   Time: 6:00pm                  Location: Cafe</p>
<p><b>Monday, April 9, 2018</b>  <b>Adult Culinary Workshop "Spring Favorites"</b>                  Sign up at our Customer Service Desk or online at <a href="http://ZalliesFreshKitchen.com">ZalliesFreshKitchen.com</a>                   Time: 6:30pm - 8:30pm                  Location: Café                  Cost: \$20</p>	<p><b>Saturday, April 15, 2018</b>  <b>NATIONAL REGISTERED DIETITIAN DAY</b>  <b>Girl Scouts' Strong Girls, Healthy Living Conference</b>                  Presentations to Girl Scouts on "Fueling for Your Best Life"                   Time: 10:00am - 2:00pm                  Location: Seneca High School</p>	<p><b>Monday, April 23, 2018</b>  <b>Kids Culinary Workshop</b>                  For St. Mary of the Lakes Girl Scout Troop "Breakfast-For-Dinner Fun"  <b><u>THIS CLASS IS FULL</u></b>                   Time: 3:30pm - 5:30pm                  Location: Cafe</p>
<p><b>Tuesday, April 10, 2018</b>  <b>Young Consumer Program Nutrition Lesson</b>                  The dietitians will be visiting 4th grade students in preparation for their field trip to the store to practice shopping for healthy foods for a family of four.                   Time: 12:30pm - 1:30pm                  Location: Neeta Elementary School</p>	<p><b>Monday, April 16, 2018</b>  <b>Kids Culinary Workshop</b>                  For St. Mary of the Lakes Girl Scout Troop "Breakfast-For-Dinner Fun"  <b><u>THIS CLASS IS FULL</u></b>                   Time: 3:30pm - 5:30pm                  Location: Cafe</p>	<p><b>Wednesday, April 25, 2018</b>  <b>Young Consumer Program: Neeta School Store Field Trip</b>                  Neeta Elementary School 4th graders will be taking a field trip to the store to practice shopping for healthy foods for a family of four!                   Time: 9:00am - 12:00pm                  Location: ShopRite of Medford</p>



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